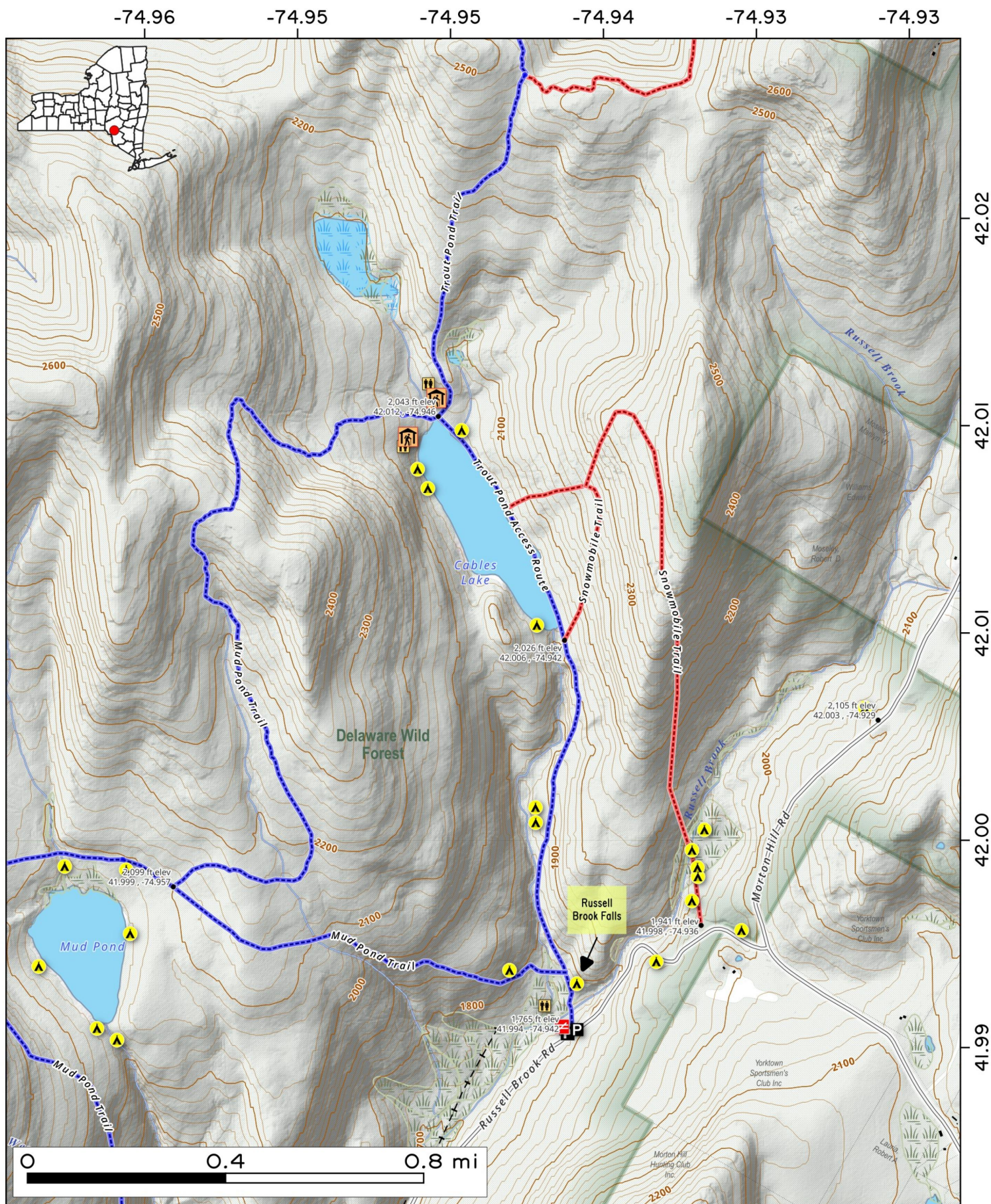
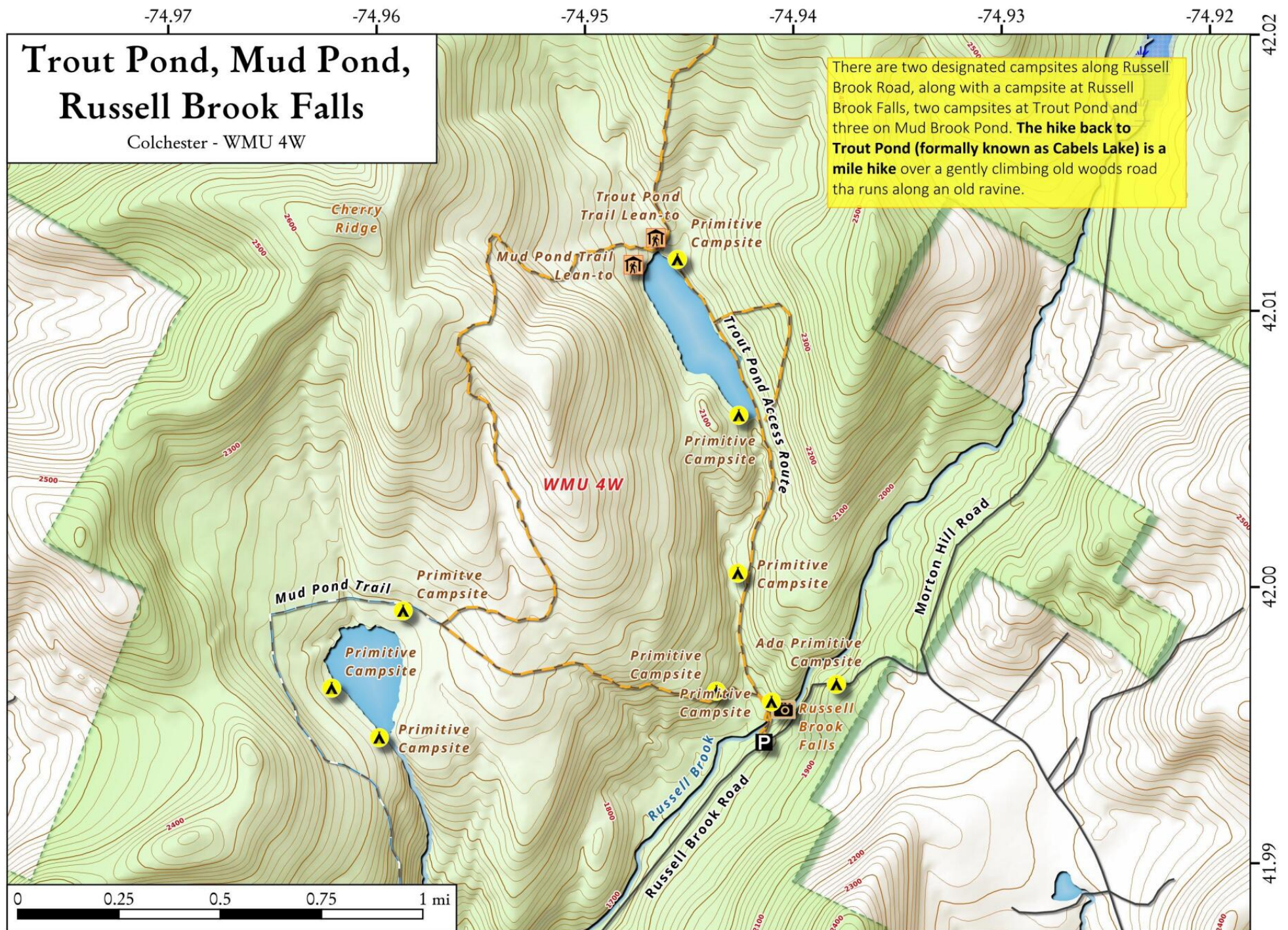


The Cables Lake Trail (or Trout Pond Trail) is a scenic, 1.8-mile gated old woods road in the Delaware Wild Forest. It winds gently uphill of Cables Lake. The trail starts near to Russell Brook Falls, a stunning 50-foot double-tiered cascade located just yards from the trailhead.

Map created by Andy Arthur on 1/12/2026 in QGIS 3.44.6-Solothurn. Contains NYS GIS and DEC data with additional campsites added by Andy. More maps at andyarthur.org.





Trout Pond, Mud Pond, Russell Brook Falls Map, August 15, 2018 by AndyArthur.org in QGIS 3.2.1-Bonn and Python. Street Map is Copyright © OpenStreetMap contributors, CC BY-SA. NYSDEC Data: LiDAR/DEM, Borders, ADK Wetlands, Trails, Assets. True North. 1 inch = 0.3 miles. Projection: NAD83 / UTM zone 18N. Coordinates: 0.01° latitude-longitude (WGS84). Contours are 20 feet.